Short description of Mols Bjerge-Trail

Slow down, fresh air in your lungs and peace of mind. The Mols Bjerge Trail is an 80 km hiking trail that is divided into four day stages. All the stages offer hiking experiences of high quality with major natural and cultural historical attractions along the way.

**The Kalø stage**

There is high-tension historical drama at the 700-year-old Kalø ruined castle, located at the western end of the stage. The path runs along the coast between crooked wood of gnarled trees and passes the Jagtslottet (the hunting lodge) on Kalø.

From Krogryggen up on the marginal moraine there is a unique view in wide format over the Aarhus Bay.

On the Kalø stage, you also get a taste of Mols Bjerge's open pastures and dramatic kettle holes. Farthest to the east is the idyllic Femmøller with its many old water mills.

**Facts about the stage:**

Length - approx. 20 km

Time - approx. 6 hours

Difficulty level – medium

**The mountainstage**

On Denmark's only real mountain stage, it goes steeply upwards from the start. Mols Bjerge is a nationally and internationally valuable nature reserve in one of Denmark's most hilly and varied Ice Age landscapes.

It is one of the nature reserves in Denmark that accommodate the most rare and endangered species.

The path takes visitors through impressive viewpoints, through dramatic ravines with wood of gnarled trees and past deep kettle holes. Only very scattered buildings break the feeling of being far from the beaten track.

Although the four stages are roughly the same length, most people will spend the longest time and most effort to walk the mountainstage, as it is more strenuous than the other two. This stage of the trail goes through one of Denmark's most unique natural areas in a circular route back to the starting point.

**Facts about the stage:**

Length - approx. 19.5 km

Time - approx. 7 hours

Difficulty level – medium

**The Ebeltoft stage**

This stage goes through a forest-clad Ice Age landscape that opens at Ørnbjerg Mølle with spinning mill wheels and millpond.

In Ulstrup Ådal and at Djursland's largest lake, Stubbe Sø, fine bird experiences await the attentive hiker. The path passes Skærsø manor house and then follows a disused railway line out to the coast.

Here the stage ends in the seaside town of Ebeltoft with hollyhocks, crooked half-timbered houses and topped cobblestones.

**Facts about the stage:**

Length - approx. 22 km

Time - approx. 6 hours

Difficulty – easy

**The Gåsehage stage**

The Gåsehage stage winds its way along the coast, starting and ending in Ebeltoft. In the old town, you can experience cobbled streets with charming half-timbered buildings and hollyhocks, before the tour continues towards the harbor front and follows the coast line with salt meadow, beach and forest.

Experience the bird protection area Ahl Hage, Ebeltoft Ferry Harbor, a holiday town with water canals and Skelhøje's view of Ebeltoft and the cove.

**Facts about the stage:**

Length - approx. 22.4 km

Duration - approx. 5.5 hours

Difficulty - easy to moderate

*Last updated by Astrid Bitsch Petersen*

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